Indoor Volleyball Rules

1. If a player does not sign the roster then the team will forfeit the game. A player cannot sign in another player if this happen then the team will receive a forfeit for the game.
2. Must be six people on the Court one must be a member of the opposite sex. The game can start with 2 people but one must be a member of the opposite sex.
3. The captain is the one player who represents their team in dealings with the officials.
4. If a player is ejected from the match, they have to sit out the next played match.
5. If a team forfeits two or more games, then the team will be removed from the league.
6. Athletic Shoe must be worn at all times.
7. Game can start with two players but one player must be a female.
   a. There will be a volley for serve and teams may not spike to win the volley.
8. Service order must be maintained throughout the set if there is a violation of the service order then the team forfeits the set if it is the third set the team in violation will lose the match.
9. A match will consist of best two out of three set. Each set is played to 21 and a team must win by 2. The third set is played to 15 and teams will switch sides when a team reaches 7 points.
10. Scoring will be rally play. This means there is a point won on every serve.
11. There are only one official calling the game. This official will be station at the net. They will call net violations and other violation ball violations. These are listed below:
   a. The ball is “out” when it:
      i. falls on the ground completely outside the boundary lines (without touching them);
      ii. Touches an object outside the court (Wall or a person out of play) If a ball touches the ceiling on the side of the team which hit ball and team can play if it still has a legal hit left. If the ball makes contact with the ceiling and crosses over the net then it is consider a fault and the receiving team earns the point.
b. Each team must play within its own playing area and playing space. The ball may, however, be retrieved from beyond the free zone.

c. Blocking does not constitute a team contact, and any player may make the first contact of the ball after the block.

d. When two teammates touch the ball simultaneously, it is counted as two hits (except at blocking)
   i. If two teammates reach for the ball but only one player touches it, one hit is counted. If players collide, no fault is committed.

      e. If there are simultaneous contacts by the two opponents over the net and the ball remains in play, the team receiving the ball is entitled to another three hits. If such a ball goes “out,” it is the fault of the team on the opposite side. If simultaneous contacts by the two opponents over the net lead to a “held ball,” it is NOT considered a fault.

f. A player touches the ball or an opponent in the opponent’s space before or during the opponent’s attack-hit.

g. The ball can be played with all parts of the body.